



February 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Tomato stewed chicken Steamed rice Green beans Diced pears	2 Cheeseburger mac Peas Fruit cocktail	3 *Chicken nuggets Carrots sticks Applesauce Ketchup
6 *Cheese & chicken quesadilla Garden salad Bananas Salsa	7 Oven baked chicken Diced Carrots Pineapple chunks Sliced bread	8 Beef macaroni mushroom casserole Mixed veggies Pears	9 *Marinara meatball hoagie Fresh Broccoli florets Peaches Ranch	10 Shredded BBQ chicken Bun Veggie baked beans Oranges
13 Tukey & Gravy Mashed sweet potatoes Cinnamon apples Sliced bread	14 Creamy Rotini Chicken Alfredo Green beans Strawberries	15 Chicken chili w/ white kidney beans Crackers Tropical fruit	16 Spaghetti w/ meat sauce Sweet peas Mixed fruit Garlic toast	17 *Cheese enchiladas Orange Jicama salad
20 *Salisbury steak Mashed potatoes Pineapples Roll	21 *Twisted cheese stick Pears Steamed carrots Marinara sauce	22 *Grilled chicken patty Couscous Prince Edward veggie mix Peaches	23 *Chicken Egg roll Orange slices Celery sticks Sweet and sour sauce	24 Turkey & Cheese on pita Apple Slices Coleslaw Pop chips
27 Chicken & broccoli w/ white cheese sauce Mandarin oranges French bread	28 *Flame broiled cheese burger wheat bun Carrot Sticks Banana Ranch/ketchup	29 *Turkey sausage, egg & cheese burrito Orange slices Diced potatoes	30 Cheesy chicken tacos Black beans Shredded lettuce Salsa Soft shell Tropical mixed fruit	31 *Glazed meatloaf patty Au Gratin Potatoes Peaches Roll

-Fruit
-Grain
-Veggie
-Meat/meat alternate
-Contains multiple components bread/grain-meat/meat alternate

M/ma=meat /meat alternate (contains 1.5oz of m/ma and or bread/grain)
2oz=1/4 cup

*CN Label

Milk included with all meals

Menu items are subject to change

Bag Lunches and substitutions are available upon request