



## February 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheeseburger mac Peas Fruit cocktail	2 *Chicken nuggets Carrots sticks Applesauce Ketchup
5 *Cheese & chicken quesadilla Garden salad Bananas Salsa	6 Oven baked chicken Diced Carrots Pineapple chunks Sliced bread	7 Beef macaroni mushroom casserole Mixed veggies Pears	8 *Marinara meatball hoagie Fresh Broccoli florets Peaches Ranch	9 Shredded BBQ chicken Bun Veggie baked beans Oranges
12 Tukey & Gravy Mashed sweet potatoes Cinnamon apples Sliced bread	13 Creamy Rotini Chicken Alfredo Green beans Diced peaches	14 Tomato stewed chicken Steamed rice Green beans Strawberries	15 Spaghetti w/ meat sauce Sweet peas Mixed fruit Garlic toast	16 *Cheese enchiladas Orange Jicama salad
19 *Salisbury steak Mashed potatoes Pineapples Roll	20 *Twisted cheese stick Yogurt Peaches Steamed carrots Marinara sauce	21 *Grilled chicken patty Couscous Prince Edward veggie mix Pears	22 *Chicken Egg roll Cheese stick Mandarin oranges Celery sticks Sweet and sour sauce	23 Turkey & Cheese sandwich Apple Slices Coleslaw
26 Chicken & broccoli w/ white cheese sauce Mandarin oranges French bread	27 *Flame broiled cheese burger wheat bun Carrot Sticks Banana Ranch/ketchup	28 *Turkey sausage, egg & cheese burrito Orange slices Diced potatoes		

meals switched

-Fruit  
-Grain  
-Veggie  
-Meat/meat alternate  
-Contains multiple components bread/grain-meat/meatalternate  
  
M/ma=meat/meat alternate (contains 1.5oz of m/ma and or bread/grain)  
2oz=1/4 cup  
  
\*CN Label

Milk included with all meals

Menu items are subject to change

Bag Lunches and substitutions are available upon request