

## March 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		·	1	2
			Cheeseburger mac Green beans Fruit cocktail	*Chicken nuggets Carrots sticks Applesauce Ketchup
5	6	7	8	9
BBQ chicken Corn muffin Diced peaches Fresh broccoli florets tossed in herbs	Italian oven baked chicken Spinach Pineapple chunks Sliced bread	*Marinara meatball Green beans Fruit cocktail Roll	Ground beef stir-fry Chow Mein Noodles Mandarin oranges Sweet and sour sauce	Turkey sausage French toast Pineapple coleslaw Straw berries & melon
12	13	14	15	16
Turkey sloppy joe Diced potatoes Peaches Bun	Creamy Rotini Chicken Alfredo w/ spinach Cali veggie mix Melon	Turkey & Cheese on pita Banana Carrot sticks	Spaghetti w/meat sauce Italian veggies Pineapples Garlic toast	Chicken chili w/white kidney beans Crackers Tropical fruit
19	20	21	22	23
*Salisbury steak Mashed potatoes Pineapples Roll	*Tw isted cheese stick Applesauce Steamed carrots Marinara sauce	*Grilled chicken patty French bread Prince Edw ard veggie mix Peaches	Dirty Rice Mixed veggies Pears	*Chicken burrito Orange slices Celery sticks
26	27	28	29	30
Chicken & broccoli w/white cheese sauce Mandarin oranges French bread	*Flame broiled cheese burger wheat bun Carrot Sticks Applesauce Ranch/ketchup	*Turkey sausage, egg & cheese burrito Banana Diced potatoes	Cheesy chicken tacos Black beans Shredded lettuce Salsa Soft shell Tropical mixed fruit	*Glazed meatloaf patty Mashed potatoes Peaches Roll

-Fruit

-Grain

-Veggie

-Meat/meat alternate

-Contains multiple components bread/grain-meat/meat alternate

 $\label{eq:main} M/ma = meat \ / meat \ alternate \ (contains 1.5 oz \ of \ m/ma \ and \ or \ bread/grain)$   $2oz = 1/4 \ cup$ 

\*CN Label

Milk included with all meals

Menu items are subject to change

Bag Lunches and substitutions are available upon request