



*Menu items are subject to change

Bag lunches & substitutions are available upon request

October 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 nd *Cheese pizza quesadilla Carrots Tropical fruit	3 rd *Smothered chicken Green Beans Diced Pears Biscuit	4 th *Cheese burger Veggie baked beans Hamburger Bun Apples	5 th *Cheesy Chicken & Broccoli Black beans Mandarin oranges Dinner roll	6 th *Beef taco Black beans Applesauce Soft shell tortilla Salsa, Lettuce, Cheese
9 th *Salisbury steak Scalloped potatoes Pineapples Dinner roll	10 th *Tater tot casserole Steamed Carrots Tropical fruit French bread	11 th *Chicken & spinach Alfredo Mixed Veggies Mandarin Oranges	12 th *Dirty Rice French green beans Peaches	13 th *Mac & Cheese w/beef Chopped salad Fruit cocktail French bread
16 th *Orange Chicken Oriental Veggies Asian seasoned rice Diced Pears	17 th *Shepherd's pie Green beans Oranges Sliced bread	18 th ** Cheese tortellini w/basil marinara Chopped Spinach Fruit cocktail Italian bread	19 th * California chicken sandwich Cucumbers & Cherry tomatoes Diced Peaches Hamburger bun	20 st *Meatballs & gravy Black Eye Peas Mandarin oranges Dinner roll
23 rd *Sloppy Joes Corn Mixed fruit Hamburger bun	24 th *Sweet teriyaki Chicken Carrots Pineapples Dinner roll	25 th *Peppered Ground beef Green Beans Mandarin Oranges Corbread	26 th *BBQ Meatballs Peas Fruit cocktail Corbread	27 th *Savory chicken pot pie Mixed ,Melon Biscuit
30 th * BBQ Chicken Mixed Greens Diced Peaches Dinner roll	31 st *Grilled chicken strips Corn \$ Peas Cantaloupe Corn Muffin	-Fruit -Grain -Veggie -Meat/meat alternate -Contains multiple components bread/grain-meat/meat alternate M/ma=meat /meat alternate *CN Label *HM Milk is served with every meal		