

October 2019 Child Care #1 Pizza Every Other Week Friday Menu					
Week 3	Monday, September 30, 2019	Tuesday, October 1, 2019	Wednesday, October 2, 2019	Thursday, October 3, 2019	Friday, October 4, 2019
Hot Lunch		Orange Chicken Steamed Rice Steamed Peas Fruit of the Day	Meatballs & Gravy Dinner Roll Steamed Carrot Coins Fruit of the Day	Soft Shell Chicken Taco Tortilla, Seasoned Chicken, Chz & Cilantro Steamed California Normandy Fruit of the Day	Golden Chicken Patty Sandwich w/Cheese WG Bun & Ketchup Steamed Green Beans Fruit of the Day
Veg Lunch		Mac & Cheese	Double Cheese Omelet & Bagel w/Margarine	Bean & Cheese Burrito	Garden Burger w/Cheese
Cold Lunch		Turkey & Provolone on Wheat Bread or Cheese Sandwich	Greek Yogurt, Chz Cubes & Mini Snackbread Loaf or Cheese Sandwich	Grilled Southwest Chicken on Ciabata or Cheese Sandwich	Deli Turkey Croissant or Cheese Sandwich
Week 4	Monday, October 7, 2019	Tuesday, October 8, 2019	Wednesday, October 9, 2019	Thursday, October 10, 2019	Friday, October 11, 2019
Hot Lunch	Sloppy Joe WG Bun Steamed Peas & Carrots Fruit of the Day	French Toast Sticks Syrup Steamed Mixed Veggies Fruit of the Day	Salisbury Steak & Gravy Dinner Roll Sweet Potatoes Fruit of the Day	Mac & Cheese Steamed California Normandy Fruit of the Day	Fresh Hot Pizza Steamed Carrot Coins Fruit of the Day
Veg Lunch	Cheese Quesadilla	Veggie Nuggets w/Ketchup	Grilled Cheese Sandwich	Veggie Pizza Pack (Like a Lunchable)	Cheese Pizza
Cold Lunch	Grilled BBQ Chicken Bun or Cheese Sandwich	Power Combo: Grilled Chicken, Goldfish Pretzels or Cheese Sandwich	Turkey & Cheese Lunch Box Pack or Cheese Sandwich	Sunbutter & Jelly Sandwich or Cheese Sandwich	Fresh Herb Chicken Croissant Sandwich or Cheese Sandwich
Week 5	Monday, October 14, 2019	Tuesday, October 15, 2019	Wednesday, October 16, 2019	Thursday, October 17, 2019	Friday, October 18, 2019
Hot Lunch	Golden Chicken Patty Sandwich WG Bakery Bun & Ketchup Steamed Peas & Carrots Fruit of the Day	Soft Beef Taco WG Tortilla, Seasoned Beef Shredded Cheese Steamed Green Beans Fruit of the Day	Sweet & Sour Chicken Dinner Roll Steamed Broccoli Fruit of the Day	Swedish Meatballs Dinner Roll Creamy Mashed Potatoes Fruit of the Day	Chicken Tenders Ketchup 5 Way Mixed Vegetables Fruit of the Day
Veg Lunch	French Toast Sticks & Syrup	Bean & Cheese Burrito	Cheese Lasagna w/Marinara	Egg & Cheese Ciabata	Wild Mikes Cheese Bites w/ Italian Dip
Cold Lunch	Fruited Yogurt, Cheese Stick & Mini Bagel w/Cream Chz or Cheese Sandwich	Grilled Salsa Chicken on Ciabata or Cheese Sandwich	Cheese Pizza Pack (Like a Lunchable) or Cheese Sandwich	Sliced Turkey & Cheddar on Whole Wheat Bread or Cheese Sandwich	Citrus Chicken w/Lettuce Bun or Cheese Sandwich
Week 6	Monday, October 21, 2019	Tuesday, October 22, 2019	Wednesday, October 23, 2019	Thursday, October 24, 2019	Friday, October 25, 2019
Hot Lunch	Meatballs & Ketchup Dinner Roll Steamed Peas & Carrots Fruit of the Day	Chicken Alfredo Pasta Steamed Broccoli Fruit of the Day	Brunch Lunch French Toast Sticks & Syrup Potato Cubes & Ketchup Fruit of the Day	Beef Hamburger Ketchup Steamed Green Beans Fruit of the Day	Fresh Hot Pizza Steamed Mixed Vegetable Fruit of the Day
Veg Lunch	Creamy Mac & Cheese	Cheese Quesadilla	Double Cheese Stuffed Breadstick	Pizza Crunchers w/Italian Dip	Cheese Pizza
Cold Lunch	Sunbutter & Jelly Sandwich or Cheese Sandwich	Taco Chicken : Grilled & Chilled w/Sides or Cheese Sandwich	Sesame Chicken & Lettuce on Ciabatta or Cheese Sandwich	Deli Turkey Bagel Sandwich or Cheese Sandwich	Lime Chicken w/Lettuce Bun or Cheese Sandwich
Week 1	Monday, October 28, 2019	Tuesday, October 29, 2019	Wednesday, October 30, 2019	Thursday, October 31, 2019	Friday, November 1, 2019
Hot Lunch	Chicken Tenders Ketchup Mixed Veggies Fruit of the Day	Queso Meatballs Steamed Rice Broccoli Normandy Fruit of the Day	BBQ Chicken Soft Dinner Roll Steamed Peas & Carrots Fruit of the Day	Brunch Lunch Pancake & Sausage Patties Crispy Cubes & Ketchup Fruit of the Day	
Veg Lunch	Garden Burger	Cheese Lasagna w/Marinara	Veggie Pizza Pack (Like a Lunchable)	Egg & Cheese Biscuit Sandwich	
Cold Lunch	Turkey on Whole Wheat Bread or Cheese Sandwich	Grilled Chicken Bagel Sandwich or Cheese Sandwich	Grilled Chicken & Cheddar Cheese Bun or Cheese Sandwich	Greek Yogurt, Cheese Stick & Animal Crackers or Cheese Sandwich	

*Skim and 1% milk choices offered daily.

*All Bread/Chips/Tortillas listed in the menu are whole-grain products.