



*Menu items are subject to change

Bag lunches & substitutions are available upon request

September 2016 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 st *Sweet & Sour meatballs Peas Steamed rice Pineapples	2 nd * Popcorn chicken bites Carrots Diced peaches Honey mustard
5 th *Cheese pizza Carrots Tropical fruit	6 th *Tomato stewed chicken Diced potatoes Diced Pears French Bread	7 th *Turkey burger Veggie baked beans Hamburger Bun Mandarin oranges	8 th *Beefy spaghetti'o Peas & carrots Fruit cocktail	9 th *Chicken & cheese burrito Mexi-corn Pineapples Salsa
12 th *Salisbury steak Ranch mashed potatoes Pineapples Mini croissant	13 th * Italian Chicken pasta salad Dill cucumbers Diced pears Whole wheat crackers	14 th *Cheesy beef, rice & Broccoli Black beans Diced pears Mandarin oranges	15 th *Grilled chicken patty Cole slaw Diced peaches Dinner roll	16 th *Lasagna casserole Corn Fruit cocktail
19 th *Chicken Bulgogi Zucchini & stewed tomatoes Asian seasoned rice Diced Pears	20 th * Chicken Quesadilla Corn Cinnamon apples Seasoned salsa sour cream	21 st ** Raviolis w/basil marinara Lentils Mandarin oranges Italian bread Italian dressing	22 nd *BBQ meatballs Green beans Diced Peaches Corn Muffin	23 rd *Baked chicken Chive mashed potatoes Fruit cocktail Sliced bread
26 th *Chicken & spinach Alfredo Steamed carrots Tropical fruit	27 th *Sloppy Joes Diced potatoes Mixed fruit Hamburger bun	28 th *Chicken nuggets Peas & Carrots Pineapples	29 th *Seasoned beef & Rice French green beans Mandarin oranges	30 th * BBQ Chicken Mixed Greens Diced Peaches Dinner roll

-Fruit
-Grain
-Veggie
-Meat/meat alternate
-Contains multiple components bread/grain-meat/meat alternate
M/ma=meat /meat alternate
*CN Label
*HM
Milk is served with every meal