

Fresh, Healthy, Good Food
Every Day!



this institution is an equal opportunity provider

September 2018 Childcare #1 Pizza Eow Menu

Week 1	Monday, September 3, 2018	Tuesday, September 4, 2018	Wednesday, September 5, 2018	Thursday, September 6, 2018	Friday, September 7, 2018
Hot Lunch	Chicken Tenders Ketchup Mixed Veggies Fruit of the Day	Queso Meatballs Diced Tomatoes & Steamed Rice Cheesy Refried Beans Fruit of the Day	BBQ Chicken Soft Dinner Roll Steamed Peas & Carrots Fruit of the Day	Brunch Lunch Pancake & Sausage Patties Crispy Cubes & Ketchup Fruit of the Day	Spaghetti & Meatsauce Shredded Cheese Steamed Green Beans Fruit of the Day
Vegetarian Sandwich Deli Salad	Double Cheese Omelet Turkey & Lettuce Sand or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Enchilada Egg Salad & Lettuce Bun or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Veggie Burger Grilled Curry Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Bean & Cheese Burrito Chicken Craisin & Lettuce Sandwich or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Macaroni & Cheese Grilled Herb Chicken Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 2	Monday, September 10, 2018	Tuesday, September 11, 2018	Wednesday, September 12, 2018	Thursday, September 13, 2018	Friday, September 14, 2018
Hot Lunch	Giant Premium Chicken Nuggets Ketchup Steamed Mixed Veggies Fruit of the Day	Stuffed Cheese Bread Italian Dippin Sauce Steamed Peas & Carrots Fruit of the Day	Cheesburger WG Bun & Ketchup Steamed California Normandy Fruit of the Day	Swedish Salisbury Steak Serve with Creamy Mashed Potatoes Fresh Bakery Roll Fruit of the Day	Fresh Hot Delivered Pizza Steamed Green Beans Fruit of the Day
Vegetarian Sandwich Deli Salad	Pancakes & Syrup w/Veggie Sausage Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Quesadilla Honey Mustard Chicken & Lettuce Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	French Toast Sticks (5) & Syrup Turkey & Lettuce Sand or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	The Max Cheese Stick & Italian Ranch Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 3	Monday, September 17, 2018	Tuesday, September 18, 2018	Wednesday, September 19, 2018	Thursday, September 20, 2018	Friday, September 21, 2018
Hot Lunch	Brunch Lunch Waffle, Sausage & Syrup Crispy Cubes Fruit of the Day	Meatballs & Gravy Dinner Roll Steamed California Normandy Fruit of the Day	Orange Chicken Steamed Rice Steamed Peas Fruit of the Day	Soft Shell Chicken Taco Totilla, Seasoned Chicken, Chz & Cilantro Cheesy Refried Beans Fruit of the Day	Golden Chicken Patty Sandwich w/Cheese WG Bun & Ketchup Steamed Green Beans Fruit of the Day
Vegetarian Sandwich Deli Salad	Cheese Enchilada Sesame Chicken & Lettuce on Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Egg Fried Rice Chicken Chutney Salad & Lettuce Sandwich or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Garlic Twisted Mozzarella Stuffed Breadstick Mediterranean Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Veggie Cheese Burger Grilled Greek Chicken Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Ravioli w/Red Sauce Turkey & Lettuce Sand or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 4	Monday, September 24, 2018	Tuesday, September 25, 2018	Wednesday, September 26, 2018	Thursday, September 27, 2018	Friday, September 28, 2018
Hot Lunch	Sloppy Joe WG Bun Steamed Peas & Carrots Fruit of the Day	Cheese Quesadilla Mild Boom Sauce Steamed Mixed Veggies Fruit of the Day	Salisbury Steak & Gravy Dinner Roll Creamy Mashed Potatoes Fruit of the Day	Mac & Cheese Steamed California Normandy Fruit of the Day	Fresh Hot Delivered Pizza Crispy Cubes w/Ketchup Fruit of the Day
Vegetarian Sandwich Deli Salad	Pancakes & Syrup w/Veggie Sausage Grilled Herb Chicken Bun or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Cheese Quesadilla Grilled Curry Chicken & Lettuce on Ciabatta or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Egg Fried Rice Egg Salad & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Cheese Bosco Stick & Italian Ranch Turkey & Lettuce Sand or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Pizza Chicken Craisin & Lettuce Sandwich or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)
Week 5	Monday, October 1, 2018	Tuesday, October 2, 2018	Wednesday, October 3, 2018	Thursday, October 4, 2018	Friday, October 5, 2018
Hot Lunch	Golden Chicken Patty Sandwich WG Bakery Bun & Ketchup Steamed Peas & Carrots Fruit of the Day	Beef Soft Taco Flour Tortilla, Seasoned Beef Shredded Cheese Cheesy Refried Beans Fruit of the Day	Sweet & Sour Chicken Dinner Roll Steamed Broccoli Fruit of the Day	Swedish Meatballs Dinner Roll Creamy Mashed Potatoes Fruit of the Day	Chicken Tenders Ketchup 5 Way Mixed Vegetables Fruit of the Day
Vegetarian Sandwich Deli Salad	Bean & Cheese Burrito Honey Mustard Chix & Lettuce Ciabatta or Chz Sand Grilled Chicken Caesar (Vegetarian Option)	Twisted Mozzarella Breadstick w/Marinara Turkey & Lettuce Sand or Chz Sand Grilled Asian Chicken Salad (Vegetarian Option)	Double Cheese Omelet Chicken (No Nut Pesto) & Lettuce Bun or Chz Sand Grilled Chicken Southwest Taco (Vegetarian Option)	Macaroni & Cheese Egg Salad & Lettuce Bun or Chz Sand Grilled Bistro Chicken Salad (Vegetarian Option)	Cheese Enchilada Citrus Chicken Salad w/Lettuce Bun or Chz Sand Grilled Chicken Power Salad (Vegetarian Option)

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

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