

September 2020 Childcare Pizza Every Other Week Menu (Includes Hot, Cold and Vegetarian Lunch Options)

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch	<p><i>The best way to predict the future is to invent it.</i></p> <p>- Alan Kay, Computer Scientist</p>	Orange Chicken Steamed Rice Marinated Chilled Broccoli Fresh Fruit of the Day	Cheeseburger Pasta Bake Crisp Garden Salad & Dressing Fresh Fruit of the Day	Cheese Calzone Cucumbers w Dip Chilled Fruit of the Day	Mongolian Meatballs WG Roll Steamed Carrots Fresh Fruit of the Day
Week III					
Cold Lunch		Southwest Chicken Pasta Marinated Chilled Broccoli Fresh Fruit of the Day	Yogurt Cup, Cheesestick & Animal Crackers Crisp Garden Salad & Dressing Fresh Fruit of the Day	Turkey Cheese Wrap Cucumbers w Dip Chilled Fruit of the Day	Chicken Salad & Wheat Roll Steamed Carrots Fresh Fruit of the Day
Hot Lunch	Old Fashioned Sloppy Joe Whole Grain Bun Steamed Mixed Veggies Chilled Fruit of the Day	Chicken Taco WG Tortilla, Chicken & Cheese Cheesy Refried Beans Fresh Fruit of the Day	Swiss Salisbury Steak Mashed Sweet Potatoes Whole Grain Bakery Roll Fresh Fruit of the Day	Mac & Cheese Steamed Green Beans Chilled Fruit of the Day	Fresh Hot Pizza Fresh Fruit of the Day 100% 4.23 oz V Juice
Week IV					
Cold Lunch	Cheese Wrap Steamed Mixed Veggies Chilled Fruit of the Day	Cheddar Cheese Cup, Cheese Stick & Whole Wheat Tortilla Cheesy Refried Beans Fresh Fruit of the Day	Turkey Bun Mashed Sweet Potatoes Fresh Fruit of the Day	Chicken Salad & Whole Wheat Tortilla Steamed Green Beans Chilled Fruit of the Day	4.6 oz Wowbutter & Jelly Sandwich 100% 4.23 oz V Juice Fresh Fruit of the Day
Hot Lunch	Golden Chicken Patty Sandwich WG Bakery Bun & Ketchup Steamed Peas Chilled Fruit of the Day	Soft Shell Hearty Beef Taco WG Tortilla, Homemade Taco Meat Shredded Cheese Cucumber Slices Fresh Fruit of the Day	Sweet & Sour Chicken Wheat Dinner Roll Steamed Broccoli Fresh Fruit of the Day	Creamy Swedish Meatballs Dinner Roll Mashed Sweet Potatoes Chilled Fruit of the Day	Chicken Enchilada Pasta Fresh Cilantro Crisp Salad & Homemade Dressing Fresh Fruit of the Day
Week V					
Cold Lunch	Fruited Yogurt, Cheese Stick & Cream Cheese Stuffed Bagel Steamed Peas & Carrots Chilled Fruit of the Day	Turkey Bun Cucumber Slices Fresh Fruit of the Day	Chilled No Nut Chicken Pesto Pasta Steamed Broccoli Fresh Fruit of the Day	Cheese Sandwich on Wheat Bread Mashed Sweet Potatoes Chilled Fruit of the Day	Cheddar Cheese Cup & Cheese Stick & WG Tortilla Crisp Salad & Dressing Fresh Fruit of the Day
Hot Lunch	Golden Chicken Nuggets WG Roll Dinner Roll Steamed Mixed Veggies Chilled Fruit of the Day	Brunch Lunch French Toast Sticks & Syrup 100% 4.23 oz V Juice Fresh Fruit of the Day	Au Gratin Potatoes & Chicken Fresh Bakery Roll Garden Salad & Dressing Fresh Fruit of the Day	All Beef Hamburger WG Bun & Ketchup Cucumber Slices & Dip Chilled Fruit of the Day	Fresh Hot Pizza Steamed Green Beans Fresh Fruit of the Day
Week VI					
Cold Lunch	4.6 oz Wowbutter & Jelly Sandwich Steamed Mixed Veggies Chilled Fruit of the Day	Yogurt, Cheese Stick & Stuffed Cream Cheese Bagel 100% 4.23 oz V Juice Fresh Fruit of the Day	Sesame Chicken Pasta Garden Salad & Dressing Fresh Fruit of the Day	Turkey Sandwich on Wheat Bread Cucumber Slices & Dip Chilled Fruit of the Day	Lime Chicken Bun Steamed Green Beans Fresh Fruit of the Day
Hot Lunch	Premium Chicken Tenders Ketchup CKC Baked Beans Chilled Fruit of the Day	Meatball Sub Whole Grain Hot Dog Bun Crisp Dinner Salad & Dressing Fresh Fruit of the Day	Pot Pie Chicken & Veggie Topper Serve over Creamy Mashed Potatoes Whole Grain Bakery roll Fresh Fruit of the Day	<p>There are about 7500 varieties of apple, so that if a person eats one variety a day, it would take over 20 years to complete all of them. (And more new varieties are getting added to the list every year).</p>	
Week I					
Cold Lunch	Cheese Bun Baked Beans Chilled Fruit of the Day	Grilled Chicken Bagel Sandwich Crisp Dinner Salad & Dressing Fresh Fruit of the Day	Turkey Cheese Wrap Mashed Potatoes Fresh Fruit of the Day		

Weeks	Vegetarian Lunch Options are Offered Daily (Served with Veggie & Fruit of the Day)*				
I, III, V	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Garden Burger	Cheese Calzone	Pizza Crunchers w/Italian Dip	Mac & Cheese	Wild Mikes Cheese Bites & Italian Dip
Cold Veg	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	Wow Butter Cup, Cheese Stick & Bagel	Cheese Sandwich on Wheat Bread	Yogurt Cup, Cheese Stick & Muffin
II, IV, VI	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Cheese Quesadilla	Cheese Lasagna	Stuffed Cheese Bread w/Italian Dip	Bean & Cheese Burrito	Fresh Hot Pizza
Cold Veg	Yogurt, Cheese Cubes & Stuffed Cream Cheese Bagel	Cheese Cup, String Cheese & Tortilla	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Hard Cooked Egg & Muffin

*Hot vegetarian lunches come with the veggie & fruit of hot lunches - Cold Vegetarian lunches come with the veggie & fruit of Cold Lunches

*Skim and 1% milk choices offered daily.

*All Bread/Chips/Tortillas listed in the menu are whole-grain products.