

This institution is an equal opportunity provider

Menu Info		Name : September 2021 Child Care #2 Pizza EOW Friday Menu - with Fresh & Steamed Veggies			Options Provided : Hot, Hot Vegetarian, Cold Meals		
		Age Group : Childcare (Ages 3-5)		Meal : Lunch		Meal Pattern : CACFP	
CKC Chef Spotlight - CEO & Chef Nancy Close		"My, What Tasty Hands You Have"		Wednesday, September 1, 2021	Thursday, September 2, 2021	Friday, September 3, 2021	
Week I	<p>" My dad was born and raised in Kabul, the capital city of Afghanistan. Oh, what an amazing and funny storyteller he was! Many a times, he would be laughing so hard during his story telling, it would took forever to get the story out.</p> <p>One of the things, I loved hearing my dad say was, "My, what tasty hands you have". He was an outstanding chef. He could pretty much make 'sticks and stone' soup and it would be delicious to the last drop. I have always loved to cook for my dad, watch him take that first taste and tell me what tasty hands I have. He was very honest and I loved getting that treasured compliment. One of my recipes, which my dad loved, is a Curried Mango Chicken Salad. It is simple and delicious and can be served many ways! "</p> <p>- Chef Nancy</p>	Orange Chicken	Brunch Lunch	Teriyaki Grilled Chicken			
Hot Meal		Steamed Rice	Buttermilk Pancake & Syrup	WG Dinner Roll			
Hot Veg		Steamed Sweet Peas	Sausage Patties	Steamed Green Beans			
Cold		Fruit of the Day	Cucumber Slices & Dip	Fruit of the Day			
		Wild Mikes Cheese Bites	Bean & Cheese Burrito	Sweet & Sour Veggie Nuggets			
		Chicken Caesar Wrap	Chicken & Cheese Torta Sandwich	Banh Mi Chicken Sandwich w/Sauce			
		Monday, September 6, 2021	Tuesday, September 7, 2021	Wednesday, September 8, 2021	Thursday, September 9, 2021	Friday, September 10, 2021	
Week II	BBQ Meatballs	Wild Mikes Cheese Bites	Soft Shell Beef Taco	Tater Tots Casserole	Fresh Hot Pizza		
Hot Meal	Corn Muffin	Italian Dippin Sauce	WG Tortilla, Seasoned Beef & Cheese	Tater Tots served over hot dish	Crisp Broccoli & Dip		
	CKC Baked Beans	Cucumber Slices & Dip	Garden Salad & Dressing	Dinner Roll	Fruit of the Day		
Hot Veg	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day			
Hot Veg	BBQ Garden Burger	Cheesy Pull Apart Bread	Veggie Lasagna Roll	Pancake & Syrup w/ Yogurt Cup & Cheese Stick	Fresh Hot Cheese Pizza		
Cold	Wowbutter & Jelly Sandwich	Sesame Chicken Bun	Turkey & Cheese Wrap w/Mayo	CKC Crazy Good Chicken Bun	Asian Chicken Sticky Bun		
		Monday, September 13, 2021	Tuesday, September 14, 2021	Wednesday, September 15, 2021	Thursday, September 16, 2021	Friday, September 17, 2021	
Week III	Meatball Mac & Cheese	Hamburger w/ Ketchup	Italian Dunkers	Mongolian Meatballs	Chicken Tenders & Ketchup		
Hot Meal	Steamed Peas	Beef Patty, WG Bun & Ketchup	Dippin Sauce	WG Roll	Cucumbers & Dip		
	Fruit of the Day	Crisp Salad & Dressing	Steamed Green Beans	Steamed Carrots	Fruit of the Day		
Hot Veg	Bean & Cheese Burrito	Veggie Burger	Egg Fried Rice	Veggie Lasagna Roll	Teriyaki Veggie Nuggets & Cinnamon Goldfish		
Cold	Chicken & Cheese Torta Sandwich	Lime Chicken Bun w/Boom Sauce	Banh Mi Chicken on Sandwich w/Sauce	Chicken & Cheddar Wrap	Teriyaki Chicken Bun		
		Monday, September 20, 2021	Tuesday, September 21, 2021	Wednesday, September 22, 2021	Thursday, September 23, 2021	Friday, September 24, 2021	
Week IV	Old Fashioned Sloppy Joe	Chicken Taco	Swedish Salisbury Steak	Premium Chicken Nuggets	Fresh Hot Pizza		
Hot Meal	Whole Grain Bun	WG Tortilla, Chicken & Cheese	Cucumber Slices & Dip	Ketchup	Garden Salad & Dressing		
	Steamed Mixed Veggies	Cheesy Refried Beans	Whole Grain Bakery Roll	Steamed Green Beans	Fruit of the Day		
Hot Veg	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day			
Hot Veg	Pizza Crunchers & Italian Dip	Colby Cheese Omelet & WG Muffin	Cheese Bosco Sticks w/ Marinara Sauce	French Toast Sticks w/ Syrup & Yogurt	Fresh Hot Cheese Pizza		
Cold	Turkey Bun w/Mayo	CKC Crazy Good Chicken Bun	Chicken Mozzarella Wrap	Sesame Chicken Bun	Chicken & Cheese Torta Sandwich		
		Monday, September 27, 2021	Tuesday, September 28, 2021	Wednesday, September 29, 2021	Thursday, September 30, 2021		
Week V	Golden Chicken Patty Sandwich	Brunch Lunch	Sweet & Sour Chicken	Creamy Swedish Meatballs	" Chef Nancy's 'Curried Mango Chicken Salad' Recipe is on Page 2"		
Hot Meal	WG Bakery Bun & Ketchup	Waffle & Syrup	Wheat Dinner Roll	Dinner Roll			
	Steamed Mixed Vegetable	Turkey Sausage Patty	Steamed Green Beans	Crisp Salad & Dressing			
Hot Veg	Fruit of the Day	Crisp Broccoli & Ranch Dip	Fruit of the Day	Fruit of the Day			
Hot Veg	Mozzarella Veggie Burger	Wild Mikes Cheese Bites	Creamy Mac & Cheese	Waffles w/Syrup & Yogurt Cup & Chz Stick			
Cold	Roast Turkey on Wheat Bread	Asian Chicken Sticky Bun	Chicken Ceasar Wrap	CKC Crazy Good Chicken Bun			
<i>Hot Veg and Cold meals are served with vegetables and fruit of the day</i>							
Cold Vegetarian meals (Served with Veggie & Fruit of the Day)							
	Monday	Tuesday	Wednesday	Thursday	Friday		
Cold Veg Weeks I, III, V	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	WG Bagel & Wow Butter Cup Cheese Stick	Cheese Sandwich on Wheat Bread	Yogurt Cup, Cheese Stick & Cinnamon Goldfish		
Cold Veg Weeks II, IV, VI	Stuffed Cream Chz Bagel, Yogurt & Cheese Cubes	WG Tortilla w/ Cheese Cup, String Cheese	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Egg Salad & Dinner Roll		

*Skim and 1% milk choices offered daily.
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

Curried Mango Chicken Salad (Chef Nancy's Recipe)

Ingredients	Serves 4 People	
<ul style="list-style-type: none"> - 1 Lb Cooked Diced Chicken Breast (canned chicken works great too) - 1/8 Cup Finely Diced Red Onion - 3/4 Cup Frozen Green Peas, Thawed - 1/8 Cup Mayo - 1/8 Cup Sour Cream 	<ul style="list-style-type: none"> - 1/2 Cup Mango Chutney (can be substituted with apricot preserves) - 1 TBLS Sugar - 1 TSP Salt - 1 TSP Curry Powder (let sit for an hour or two before adding more) - 1 TSP Cayenne Pepper (may use more if you like spicy) 	<ul style="list-style-type: none"> - Mix all ingredients together and keep refrigerated for at least 2 hours before serving. It would taste even better the next day. - Serve as a salad alone or with pita bread/pita chips. - Serve as a sandwich, using the salad as a filling. - To make a hot pasta dish, cook the pasta and stir in the mixed mango chicken salad. Heat till hot and serve immediately. <p style="text-align: center;"><i>To all the tasty hands out there...Cheers!</i></p>

Menu Info October 2021 Menu (Subject to Change)

Menu Info		October 2021 Menu (Subject to Change)				
						Friday, October 1, 2021
Week V						Bosco Stuffed Breadstick
Hot Meal						Italian Dip Cucumbers & Dip Fruit of the Day
Hot Veg						Cheese Quesadilla
Cold						Chicken & Cheese Torta Sandwich
		Monday, October 4, 2021	Tuesday, October 5, 2021	Wednesday, October 6, 2021	Thursday, October 7, 2021	Friday, October 8, 2021
Week VI		Popcorn Chicken	Brunch Lunch	Mac & Cheese	All Beef Hamburger	Fresh Hot Pizza
Hot Meal		Ranch Dip Dinner Roll Steamed Mixed Veggies Fruit of the Day	French Toast Sticks & Syrup Yogurt Cup Tater Tots w/Ketchup Fruit of the Day	Fresh Bakery Roll Garden Salad & Dressing Fruit of the Day	WG Bun & Ketchup Cucumber Slices & Dip Fruit of the Day	Steamed Green Beans Fruit of the Day
Hot Veg		Pizza Crunchers & Italian Dip	Veggie TexMex Wrap	Garden Cheeseburger	Cheese Quesadilla	Fresh Hot Cheese Pizza
Cold		Turkey Bun w/Mayo	Grilled BBQ Chicken Bun	Turkey & Cheddar Chz Wrap	Asian Chicken Sticky Bun	Teriyaki Chicken Bun
		Monday, October 11, 2021	Tuesday, October 12, 2021			
Week I		Premium Chicken Tenders	Meatball Sub			
Hot Meal		Ketchup CKC Baked Beans Fruit of the Day	Whole Grain Hot Dog Bun Crisp Dinner Salad & Dressing Fruit of the Day			
Hot Veg		Louisiana Veggie Burger	Grilled Cheese Sandwich			
Cold		Turkey Bun w/Mayo	Honey Mustard Chicken on WG Bun			

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