



January 2016 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 st Closed Happy New Year
4 th *Chicken Nuggets Baked Fries Pineapple tidbits Ketchup	5 th *Mac & Cheese Green Beans Cantaloupe Italian bread	6 th *Chicken Sandwich Mixed Veggies Mixed fruit Hamburger Bun	7 th *Cheese Pizza Caser salad Banana	8 th *Beef Sloppy Joe Corn Peaches Hamburger Bun
11 th *Chicken Alfredo Broccoli Pineapples	12 th *Cheeseburger Tater Tots Apple Slices Hamburger Bun Ketchup	13 th *Chicken stir fry Steamed Rice Orange Slices	14 th *Beef tacos Cheese Lettuce / Corn Bananas Soft taco Shell Salsa & Sour Cream	15 th *Lasagna hot dish Green beans Peaches Italian bread
18 th *Oven Fried Chicken Black eyed peas Peaches Corn Bread	19 th **Sweet & Sour Meatballs Steamed Carrots Mixed Fruit Rice	20 th *Shepard's pie Pineapples Garlic butter biscuit	21 st *Shredded BBQ Chicken Sandwich Cauliflower Bananas Hamburger Bun	22 nd *Spaghetti w/ meat sauce Green Beans Cinnamon apples French Bread
25 th *Glazed Meatloaf Mixed Cooked Greens Fruit Cocktail Sliced Bread	26 th *Chicken ala king Lima beans Cantaloupe Biscuit	27 th **Beef Raviolis w/ Red Sauce Fresh Garden Salad Strawberries Italian bread Ranch dressing	28 st * Salisbury steak Mashed potatoes Peaches Dinner roll	29 th *Baked Chicken Green Bean casserole Apple sauce Wheat bread

-Fruit
-Grain
-Veggie
-Meat/meat alternate
-Contains multiple components bread/grain-meat/meat alternate

M/ma=meat /meat alternate (contains 1.5oz of m/ma and or bread/grain)
2oz=1/4 cup

* CN Label

* HM

Milk is served with every lunch

Menu items are subject to change

Bag Lunches and substitutions are available upon request