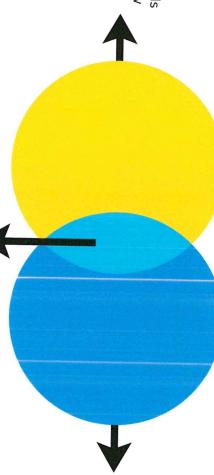
How Does Conscious Discipline® Compare to Other Programs?

External Control Focus Other Programs =

Conscious Discipline = Self-Regulation Focus

- Other control
- classrooms and systems Competitive culture,
- Unlimited power in the hands of one or in the hands of few
- Compliance
- Lower brain functioning
- Make-me and please-me
- Creates co-dependency External reinforcements What do I get from this?



- Self-control
- Compassionate culture School Family™
- Self govern
- Shared power
- Wisdom
- Higher brain functioning
- Internal motivation
- Helpful
- Being of service to others
- Creates interdependency

What We Have in Common

Clear expectations of behavior

Schoolwide routines

Predictable

Consistent



Traditional Discipline



First Warning

Choice to Be Helpful







Second Warning

Choice of Safe Place



Loss of Privilege

Behavior Plan

Increase safety, connection and problem-solving



Call to Parents

Logical Consequences







Conscious Discipline.com