

How to Raise a Kind Child

We all want our children to be gracious, compassionate children who consider the feelings of others and strive for benevolence.

Here are five easy ways to develop compassion in your children:

1. Model It. You have to demonstrate kindness so your children can pick up the same happy habit. Your children are always watching you, for better or for worse. Try to make it for the better.

2. Point It Out. While watching a favorite television show or movie, reading a book, or observing siblings or friends, point out acts of kindness. Be intentional about this. Encourage your child to identify and share about kind acts they see completed, read about or watch on TV.

3. Praise It. When you see your child engaging in kind acts, give her/him a hug, high five or knuckles. Acknowledge the kind deed. Rather than saying, "You are kind. I am so proud of you," try, "You are kind. I bet that makes you feel good inside!"

4. Use Forethought. Help children use a little forethought when it comes to kindness. Sit down with your child and write down their ideas of how they can be kind and helpful.

5. Watch It Grow. Why not create a tangible way to demonstrate the many acts of kindness going on in your family. Create a Kindness Chain.

The best thing about kindness? Kindness produces kindness. Watch it grow!

Resource:

[Kindness by kidlutions](#)