

March 2023 Child Care Newsletter



March is another exciting month with St. Patrick's Day, Poison Prevention Week (March 19th-25th), spring beginning on Monday, March 20th and "National Advocacy for Children's Day" March 22nd. March is also "Nutrition Month."

FUNDRAISER



We are having our annual Butter Braid Pastry fundraiser beginning on Tuesday, March 7th and ending on Monday, March 20th. These are delicious pastries that make a great addition to a spring gathering or just a yummy morning breakfast treat for you & your children. The delivery day is set for April 5th.

SPRING AHEAD



Daylight savings begins on Sunday, March 12th. **DON'T FORGET TO SET YOUR CLOCKS AHEAD ONE HOUR!**

PARENT/TEACHER CONFERENCES

Parent/Teacher conferences are coming up. The schedule is posted below. Let your child's teacher know if you are interested in signing up for one.

CONFERENCE SCHEDULE

Infants: March 13th-17th

Toddlers: March 20th-24th

Magenta: April 3rd-7th

Preschool: April 11th & 12th

School Age: April 17th-21st

Purple: April 24th-28th

Poison Centers Are for Kids ~~Kids~~ EVERYONE.



Fast, Free, Expert, 24/7, confidential help.

Poisonings can happen to anyone.

Just under half of calls to poison control centers are about children—but poisonings in teens, adults, and older adults are usually more serious.



MOST COMMON POISON EXPOSURES:

YOUNG CHILDREN

- Cosmetics & personal care products
- Household cleaners
- Pain medicines

TWEENS & TEENS

- Pain medicines
- Antidepressants
- Foreign bodies & toys (ages 6-12)

ADULTS

- Pain medicines
- Sleep medicines & anxiety/mood medicines
- Antidepressants

OLDER ADULTS

- Heart medicines
- Pain medicines
- Sleep medicines & anxiety/mood medicines

Other common poison exposures include: household products, plants, mushrooms, pesticides, bites & stings, and carbon monoxide.

Poison Prevention Week is March 19h-25th. Be sure to check your home for any possible products, plants, etc. that could be dangerous for the people in your home and for your pets.

Remember there are many human foods that are actually poisonous to your pet.

Awareness & Diligence

are critical to preventing poisoning emergencies.

- Be Aware of what is poisonous in your home, in your yard, and outside.
- Read ingredients and familiarize yourself with what's toxic.
- Keep deadly household items safely out of reach, like Gorilla Glue, Xylitol, and human medications.
- Reduce the risk even further by not bringing dangers into your home.

totally dependent on you to keep them safe.

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RESOURCE EVENT

Will Hale will be here to do a Kids Rock Concert on March 21st at 10:30 a.m. This will be filled with plenty of child participation, excitement and dynamic learning. Kids are the rock stars when they clap, dance, and sing!

YOU'RE INVITED TO A PARENT SNACK



We will be having a Parent/Child Snack on Friday, March 24th at 3:30 p.m. Please come and enjoy putting together a "Veggie Bagel Face" with your child and of course, eating it too! This will be held in your child's classroom.

PARENT EDUCATION

Check out this month's Parent Education topic on "[How to Reduce Sugar in Your Child's Diet.](#)"

PRESCHOOL ENROLLMENT

Enrollment for Preschool for the 2023-2024 school year will be opening soon. Watch for more information!

SPRING BREAK

District 197 will be on spring break from Friday, March 24th-Friday, March 31st.

Tiny Tots preschool program is on spring break March 27th-31st.

50TH CELEBRATION

Plan to join us on Tuesday, August 8th, 2023 from 4-6:30 p.m. at Tiny Tots to celebrate 50 years of operation. Family fun, food, & entertainment! Save the date!



