

**Name : December 2022 Childcare #2 Pizza Every Other Fridays Menu**      **Options Provided : Hot, Hot Veg, Cold & Cold Veg Meals**  
**Age Group : Childcare (Ages 3-5)**      **Meal : Lunch**      **Meal Pattern : CACFP**

<b>Week VI</b>	Chef Spotlight - Justin Kilmer, Warehouse Manager		Thursday, December 1, 2022	Friday, December 2, 2022
	<b>Festive Vibes &amp; Food</b>		<b>Cheeseburger</b>	<b>Fresh Hot Pizza</b>
Hot Meal	I started getting more interested in trying and making food around the age of 12. I have always been very recipe oriented when it comes to cooking. Food magazines like Taste of Home or Gourmet, as well as cookbooks were very helpful in providing inspiration and useful information to me. Although I have many favorite recipes, I decided to share a simple yet satisfying vegetable side I've made numerous times for Thanksgiving or Christmas meals. The holidays are all about food and family!		Whole Grain Bun & Ketchup CKC Baked Beans Orange Wedges/Mandarin Oranges Milk	Mixed Green Salad & Dressing Fruited Applesauce/Apple Wedges Milk
Hot Veg	- Justin		<b>Garden Cheeseburger</b>	<b>Fresh Hot Cheese Pizza</b>
Cold			<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	Justin Kilmer's 'Roasted Maple - Ginger Root Vegetables' is on Page 2		<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>

<b>Week I</b>	Monday, December 5, 2022	Tuesday, December 6, 2022	Wednesday, December 7, 2022	Thursday, December 8, 2022	Friday, December 9, 2022
Hot Meal	<b>Popcorn Chicken</b> Ketchup Whole Grain Dinner Roll Fresh Broccoli & Dip Diced Chilled Pears & Milk	<b>Brunch Lunch</b> Buttermilk Pancake & Syrup Scrambled Eggs Steamed Carrots Chilled Peaches & Milk	<b>Taco Rice Bowl</b> Brown Rice topped w/Seasoned Beef Served with Shred Chz, Cilantro & Crema Steamed Green Peas Banana & Milk	<b>Creamy Mac &amp; Cheese</b> Mixed Dinner Salad w/Dressing Orange Wedges/Mandarin Oranges Milk	<b>Sweet &amp; Sour Chicken</b> Steamed Seasoned Brown Rice Steamed Broccoli Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>Grilled Cheese Sandwich</b>	<b>Smothered Garden Patty w/ WG Roll</b>	<b>Cheese Quesadilla</b>	<b>Creamy Mac &amp; Cheese</b>	<b>Stuffed Breadsticks w/ Sauce</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/ Mayo</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>

<b>Week II</b>	Monday, December 12, 2022	Tuesday, December 13, 2022	Wednesday, December 14, 2022	Thursday, December 15, 2022	Friday, December 16, 2022
Hot Meal	<b>BBQ Beef Sandwich</b> CKC Baked Beans Diced Chilled Pears Milk	<b>Soft Shell Chicken Taco</b> WG Tortilla, Seasoned Chicken & Cheese Steamed Mixed Veggies Chilled Peaches Milk	<b>Meatball Sub w/Mozzarella</b> Sliced Cucumbers & Dip Banana Milk	<b>Brunch Lunch</b> French Toast Sticks & Syrup Tator Tots & Ketchup Orange Wedges/Mandarin Oranges Milk	<b>Fresh Hot Pizza</b> Mixed Greens Salad & Dressing Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>BBQ Garden Burger</b>	<b>Creamy Mac &amp; Cheese</b>	<b>Veggie Lasagna Roll</b>	<b>French Toast Sticks &amp; Syrup</b>	<b>Fresh Hot Cheese Pizza</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/ Mayo</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>

<b>Week III</b>	Monday, December 19, 2022	Tuesday, December 20, 2022	Wednesday, December 21, 2022	Thursday, December 22, 2022	Friday, December 23, 2022
Hot Meal	<b>Premium Chicken Nuggets</b> Ketchup Steamed Green Beans Diced Chilled Pears Milk	<b>Mandarin Orange Chicken</b> Steamed Brown Rice Crisp Broccoli w/ Dip Chilled Peaches Milk	<b>Good Ole Fashioned Hamburger</b> Ketchup Steamed Mixed Veggies Banana Milk	<b>Cheesy Meatballs</b> WG Roll Garden Salad & Dressing Orange Wedges/Mandarin Oranges Milk	<b>Authentic Chicken Stir Fry</b> Seasoned Rice Glazed Carrots Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>Cheese Hot Pocket w/ Italian Dip</b>	<b>Bean &amp; Cheese Burrito</b>	<b>Grilled Cheese Sandwich</b>	<b>Pizza Crunchers w/ Italian Dip</b>	<b>Stuffed Breadsticks w/ Sauce</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/ Mayo</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>

<b>Week IV</b>	Monday, December 26, 2022	Tuesday, December 27, 2022	Wednesday, December 28, 2022	Thursday, December 29, 2022	Friday, December 30, 2022
Hot Meal	<b>Old Fashioned Sloppy Joe</b> Whole Grain Bun Steamed Mixed Veggies Diced Chilled Pears Milk	<b>Breaded Chicken Patty Sandwich</b> Bakery Bun & Ketchup Steamed Green Beans Chilled Peaches Milk	<b>Italian Dunkers</b> Dippin' Sauce Sliced Cucumbers & Ranch Banana Milk	<b>Brunch Lunch</b> Buttermilk Pancake & Syrup Scrambled Eggs & Cheese Tator Tots & Ketchup Orange Wedges/Mandarin Oranges & Milk	<b>Fresh Hot Pizza</b> Crisp Salad & Dressing Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>Garden Cheeseburger</b>	<b>Cheese Quesadilla</b>	<b>Italian Dunkers w/Dippin Sauce</b>	<b>French Toast Sticks &amp; Syrup</b>	<b>Fresh Hot Cheese Pizza</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/ Mayo</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

\* Skim and 1% milk choices offered daily.  
 \* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.  
 \* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.

**Roasted Maple-Ginger Root Vegetables Recipe**

<b>Ingredients:</b> •5 medium parsnips, peeled and sliced •5 small carrots, sliced •3 medium turnips, peeled and cubed •1 large sweet potato, peeled and cubed •1 small rutabaga, peeled and cubed •1 large sweet onion, cut into wedges •1 small red onion, cut into wedges •2 tablespoons olive oil •1 tablespoon minced fresh ginger root •1 teaspoon salt •1/2 teaspoon pepper •1 cup maple syrup	Serves 5-6	<b>Steps:</b> •Place the vegetables (first 7 ingredients listed) in a large bowl. •Add the oil, ginger, salt and pepper and toss well to coat. •Arrange vegetables in a single layer in two 15x10x1-in. baking pans coated with cooking spray. •Bake uncovered, at 425° for 25 minutes, stirring once. •Drizzle with syrup. •Bake until vegetables are tender, 20-25 minutes longer, stirring once more.
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**January 2023 Menu (Subject to Change)**

Week V	Monday, January 2, 2023	Tuesday, January 3, 2023	Wednesday, January 4, 2023	Thursday, January 5, 2023	Friday, January 6, 2023
Hot Meal	<b>Mozzarella Burger</b> Fresh Bakery Bun & Ketchup CKC Baked Beans Diced Chilled Pears Milk	<b>Pomodoro Meatballs</b> WG Dinner Roll Mashed Potatoes Chilled Peaches Milk	<b>Creamy Mac &amp; Cheese</b> Fresh Greens & Dressing Banana Milk	<b>Teriyaki Chicken</b> Steamed Seasoned Rice Steamed Cabbage Orange Wedges/Mandarin Oranges Milk	<b>Cheese Quesadilla</b> Fresh Broccoli & Dip Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>Mozzarella Veggie Burger</b>	<b>Veggie Lasagna Roll</b>	<b>Cheese Hot Pocket w/ Italian Dip</b>	<b>Grilled Cheese Sandwich</b>	<b>Cheese Quesadilla</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/ Mayo</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>
Week VI	Monday, January 9, 2023	Tuesday, January 10, 2023	Wednesday, January 11, 2023		
Hot Meal	<b>Swedish Meatballs</b> Soft Dinner Roll Steamed Green Beans Diced Chilled Pears Milk	<b>Cheesy Lasagna Roll</b> Steamed Sweet Peas Chilled Peaches Milk	<b>Sheet Pan Curry Chicken</b> Bakery Roll Creamy Mashed Potatoes Banana Milk		
Hot Veg	<b>Pizza Crunchers &amp; Italian Dip</b>	<b>Veggie Lasagna</b>	<b>Veggie Nuggets w/ Ketchup &amp; Dinner Roll</b>		
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/ Mayo</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>		
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>		

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