



## January 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 <sup>nd</sup> *Baked Chicken Black eye peas Peaches Corn muffin	3 <sup>rd</sup> *Beef Sloppy Joe Green beans Pears Hamburger Bun	4 <sup>th</sup> *Sweet & Sour Chicken Steamed Carrots Pineapples Steamed rice	5 <sup>th</sup> *Chicken Alfredo California Veggie mix Mandarin oranges	6 <sup>th</sup> **Cheese Raviolis w/ Red Sauce Baby carrots w/ Ranch dressing Fruit Cocktail Italian bread
9 <sup>th</sup> *Chicken stir fry Steamed Rice Mandarin Oranges	10 <sup>th</sup> *Shepard's pie Peaches Garlic butter biscuit	11 <sup>th</sup> *Chicken Fajita Black beans Cinnamon apples Tortilla Salsa	12 <sup>th</sup> *Chunky beefy Chili Crackers Banana	13 <sup>th</sup> *BBQ Chicken Carrot Raisin salad Pears Dinner roll
16 <sup>th</sup> *Sweet & Sassy Chicken Carrots Mixed fruit Sliced bread	17 <sup>th</sup> *Cheeseburger Fresh broccoli w ranch Oranges WW bun Ketchup	18 <sup>th</sup> **BBQ Meatballs Coleslaw Pears Corn muffin	19 <sup>th</sup> *Turkey ala king Green beans Peaches Biscuit	20 <sup>th</sup> *Bean & beef burrito Mexi-Corn Cinnamon apples Salsa
23 <sup>rd</sup> *Lasagna hot dish Broccoli Pineapples Italian bread	24 <sup>th</sup> *Mac & Cheese w/ beef Peas Mix Fruit Dinner roll	25 <sup>th</sup> *Chicken Fajita Black beans Peaches Tortilla Salsa	26 <sup>th</sup> *Turkey burger Carrot Sticks w/ Ranch dressing Bananas WW bun Ketchup	27 <sup>th</sup> Chicken fried rice Peas & carrots Mandarin oranges
30 <sup>th</sup> *Spaghetti w/ meat sauce Corn Peaches French Bread	31 <sup>st</sup> *Chicken Nuggets Mix veggies Apples BBQ sauce			

-Fruit  
-Grain  
-Veggie  
-Meat/meat alternate  
-Contains multiple components bread/grain-meat/meat alternate

M/ma=meat /meat alternate (contains 1.5oz of m/ma and or bread/grain)  
2oz=1/4 cup

\* CN Label

\* HM

Milk is served with every lunch

\*Menu items are subject to change

Bag Lunches and substitutions are available upon request