

January 2021 Childcare Pizza Every Other Week Menu (Includes Hot, Cold and Vegetarian Lunch Options)

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch	First Grains in Food History				Fresh Hot Pizza Garden Salad & Dressing Fresh Fruit of the Day
Week II	Einkorn, a very early ancestor of wheat is said to be in existence from 10000 years ago Emmer, another wheat variety, which is botanically more closer to modern wheat, could have been prevalent, possibly from 7000 years ago Rice, another dietary staple, is argued to be cultivated from 10000 years ago Barley has been in existence for more than 8000 years The last found trove of Barley, that dates back to 6000 years, possesses strikingly similar DNA sequence of modern Barley				
Cold Lunch					Hard Cooked Eggs & Mini Pancake Bag Garden Salad & Dressing Fresh Fruit of the Day
Hot Lunch	4 Scallop Potatoes & Beef Dinner Roll Steamed Peas & Carrots Chilled Fruit of the Day	5 Orange Chicken Steamed Rice Marinated Chilled Broccoli Fresh Fruit of the Day	6 Cheeseburger Pasta Bake Crisp Garden Salad & Dressing Fresh Fruit of the Day	7 Cheese Calzone Cucumbers w Dip Chilled Fruit of the Day	8 Mongolian Meatballs WG Roll Steamed Carrots Fresh Fruit of the Day
Week III					
Cold Lunch	Cheese Bun Steamed Peas & Carrots Chilled Fruit of the Day	Southwest Chicken Pasta Marinated Chilled Broccoli Fresh Fruit of the Day	Yogurt Cup, Cheesestick & Animal Crackers Crisp Garden Salad & Dressing Fresh Fruit of the Day	Turkey Cheese Wrap Cucumbers w Dip Chilled Fruit of the Day	Chicken Salad & Wheat Roll Steamed Carrots Fresh Fruit of the Day
Hot Lunch	11 Old Fashioned Sloppy Joe Whole Grain Bun Steamed Mixed Veggies Chilled Fruit of the Day	12 Chicken Taco WG Tortilla, Chicken & Cheese Cheesy Refried Beans Fresh Fruit of the Day	13 Swiss Salisbury Steak Mashed Sweet Potatoes Whole Grain Bakery Roll Fresh Fruit of the Day	14 Mac & Cheese Steamed Green Beans Chilled Fruit of the Day	15 Fresh Hot Pizza Fresh Fruit of the Day 100% 4.23 oz V Juice
Week IV					
Cold Lunch	Cheese Wrap Steamed Mixed Veggies Chilled Fruit of the Day	Cheddar Cheese Cup, Cheese Stick & Whole Wheat Tortilla Cheesy Refried Beans Fresh Fruit of the Day	Turkey Bun Mashed Sweet Potatoes Fresh Fruit of the Day	Chicken Salad Wrap Steamed Green Beans Chilled Fruit of the Day	4.6 oz Wowbutter & Jelly Sandwich 100% 4.23 oz V Juice Fresh Fruit of the Day
Hot Lunch	18 Golden Chicken Patty Sandwich WG Bakery Bun & Ketchup Steamed Peas Chilled Fruit of the Day	19 Soft Shell Hearty Beef Taco WG Tortilla, Homemade Taco Meat Shredded Cheese Cucumber Slices Fresh Fruit of the Day	20 Sweet & Sour Chicken Wheat Dinner Roll Steamed Broccoli Fresh Fruit of the Day	21 Creamy Swedish Meatballs Dinner Roll Mashed Sweet Potatoes Chilled Fruit of the Day	22 Chicken Enchilada Pasta Fresh Cilantro Crisp Salad & Homemade Dressing Fresh Fruit of the Day
Week V					
Cold Lunch	Fruited Yogurt, Cheese Stick & Cream Cheese Stuffed Bagel Steamed Peas Chilled Fruit of the Day	Turkey Bun Cucumber Slices Fresh Fruit of the Day	Chilled No Nut Chicken Pesto Pasta Steamed Broccoli Fresh Fruit of the Day	Cheese Sandwich on Wheat Bread Mashed Sweet Potatoes Chilled Fruit of the Day	Cheddar Cheese Cup & Cheese Stick & WG Tortilla Crisp Salad & Dressing Fresh Fruit of the Day
Hot Lunch	25 Golden Chicken Nuggets WG Roll Dinner Roll Steamed Mixed Veggies Chilled Fruit of the Day	26 Brunch Lunch French Toast Sticks & Syrup 100% 4.23 oz V Juice Fresh Fruit of the Day	27 Au Gratin Potatoes & Chicken Fresh Bakery Roll Garden Salad & Dressing Fresh Fruit of the Day	28 All Beef Hamburger WG Bun & Ketchup Cucumber Slices & Dip Chilled Fruit of the Day	29 Fresh Hot Pizza Steamed Green Beans Fresh Fruit of the Day
Week VI					
Cold Lunch	4.6 oz Wowbutter & Jelly Sandwich Steamed Mixed Veggies Chilled Fruit of the Day	Yogurt, Cheese Stick & Stuffed Cream Cheese Bagel 100% 4.23 oz V Juice Fresh Fruit of the Day	Sesame Chicken Pasta Garden Salad & Dressing Fresh Fruit of the Day	Turkey Sandwich on Wheat Bread Cucumber Slices & Dip Chilled Fruit of the Day	Lime Chicken Bun Steamed Green Beans Fresh Fruit of the Day

Weeks I, III, V	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Garden Burger	Cheese Calzone	Pizza Crunchers w/Italian Dip	Mac & Cheese	Wild Mikes Cheese Bites & Italian Dip
Cold	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	Wow Butter Cup, Cheese Stick & Bagel	Cheese Sandwich on Wheat Bread	Yogurt Cup, Cheese Stick & Muffin
Weeks II, IV, VI	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Cheese Quesadilla & Cholula	Cheese Lasagna	Stuffed Cheese Bread w/Italian Dip	Bean & Cheese Burrito	Fresh Hot Cheese Pizza
Cold	Yogurt, Cheese Cubes & Stuffed Cream Cheese Bagel	Cheese Cup, String Cheese & Tortilla	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Hard Cooked Eggs & Muffin

*Hot vegetarian lunches come with the veggie & fruit of hot lunches - Cold Vegetarian lunches come with the veggie & fruit of Cold Lunches