

Name : January 2023 Childcare #2 Pizza Every Other Fridays Menu		Options Provided : Hot, Hot Vegetarian, Cold & Cold Vegetarian Meals			
Age Group : Childcare (Ages 3-5)		Meal : Lunch		Meal Pattern : CACFP	
Week V	Monday, January 2, 2023	Tuesday, January 3, 2023	Wednesday, January 4, 2023	Thursday, January 5, 2023	Friday, January 6, 2023
Hot Meal	<b>Mozzarella Burger</b> Fresh Bakery Bun & Ketchup CKC Baked Beans Diced Chilled Pears Milk	<b>Pomodoro Meatballs</b> WG Dinner Roll Mashed Potatoes Chilled Peaches Milk	<b>Creamy Mac &amp; Cheese</b> Fresh Greens & Dressing Banana Milk	<b>Teriyaki Chicken</b> Steamed Seasoned Rice Steamed Carrots Orange Wedges or Mandarin Oranges Milk	<b>Cheese Quesadilla</b> Fresh Broccoli & Dip Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>Mozzarella Veggie Burger</b>	<b>Veggie Lasagna Roll</b>	<b>Cheese Hot Pocket w/ Italian Dip</b>	<b>Grilled Cheese Sandwich</b>	<b>Cheese Quesadilla</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>
Week VI	Monday, January 9, 2023	Tuesday, January 10, 2023	Wednesday, January 11, 2023	Thursday, January 12, 2023	Friday, January 13, 2023
Hot Meal	<b>Swedish Meatballs</b> Soft Dinner Roll Steamed Green Beans Diced Chilled Pears Milk	<b>Cheesy Lasagna Roll</b> Steamed Sweet Peas Chilled Peaches Milk	<b>Sheet Pan Curry Chicken</b> Bakery Roll Creamy Mashed Potatoes Banana Milk	<b>Cheeseburger</b> Whole Grain Bun & Ketchup CKC Baked Beans Orange Wedges or Mandarin Oranges Milk	<b>Fresh Hot Pizza</b> Mixed Green Salad & Dressing Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>Pizza Crunchers &amp; Italian Dip</b>	<b>Veggie Lasagna</b>	<b>Veggie Nuggets w/ Ketchup &amp; Dinner Roll</b>	<b>Garden Cheeseburger</b>	<b>Fresh Hot Cheese Pizza</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>
Week I	Monday, January 16, 2023	Tuesday, January 17, 2023	Wednesday, January 18, 2023	Thursday, January 19, 2023	Friday, January 20, 2023
Hot Meal	<b>Popcorn Chicken</b> Ketchup Whole Grain Dinner Roll Fresh Broccoli & Dip Diced Chilled Pears & Milk	<b>Brunch Lunch</b> Buttermilk Pancake & Syrup Scrambled Eggs Steamed Carrots Chilled Peaches & Milk	<b>Taco Rice Bowl</b> Brown Rice topped w/Seasoned Beef Served with Shred Chz, Cilantro & Crema Steamed Green Peas Banana & Milk	<b>Creamy Mac &amp; Cheese</b> Mixed Dinner Salad w/Dressing Orange Wedges or Mandarin Oranges Milk	<b>Sweet &amp; Sour Chicken</b> Steamed Seasoned Brown Rice Steamed Broccoli Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>Grilled Cheese Sandwich</b>	<b>Smothered Garden Patty w/ WG Roll</b>	<b>Cheese Quesadilla</b>	<b>Creamy Mac &amp; Cheese</b>	<b>Stuffed Breadsticks w/ Sauce</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>
Week II	Monday, January 23, 2023	Tuesday, January 24, 2023	Wednesday, January 25, 2023	Thursday, January 26, 2023	Friday, January 27, 2023
Hot Meal	<b>BBQ Beef Sandwich</b> CKC Baked Beans Diced Chilled Pears Milk	<b>Soft Shell Chicken Taco</b> WG Tortilla, Seasoned Chicken & Cheese Steamed Mixed Veggies Chilled Peaches Milk	<b>Meatball Sub w/Mozzarella</b> Sliced Cucumbers & Dip Banana Milk	<b>Brunch Lunch</b> French Toast Sticks & Syrup Tater Tots & Ketchup Orange Wedges or Mandarin Oranges Milk	<b>Fresh Hot Pizza</b> Mixed Greens Salad & Dressing Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>BBQ Garden Burger</b>	<b>Creamy Mac &amp; Cheese</b>	<b>Veggie Lasagna Roll</b>	<b>French Toast Sticks &amp; Syrup</b>	<b>Fresh Hot Cheese Pizza</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>
Week III	Monday, January 30, 2023	Tuesday, January 31, 2023	Chef Spotlight - Shawn Mueller, Procurement Manager		
Hot Meal	<b>Premium Chicken Nuggets</b> Ketchup Steamed Green Beans Diced Chilled Pears Milk	<b>Mandarin Orange Chicken</b> Steamed Brown Rice Crisp Broccoli w/ Dip Chilled Peaches Milk	<b>Heart and Soul Warming Winter Food</b>		
Hot Veg	<b>Cheese Hot Pocket w/ Italian Dip</b>	<b>Bean &amp; Cheese Burrito</b>	Growing up, this meal was made religiously in our home. Tater Tot hotdish is a simple, yet delicious meal. It is great right out of the oven, or when reheated before or after you go out skating on the pond or for any other fun winter activity.		
Cold	<b>Turkey &amp; Cheddar Chz Wrap</b>	<b>Honey Mustard Chicken Bun</b>	Warm up this winter with some Hotdish.		
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	--Shawn Mueller		
			*Tater Tot Hotdish* recipe is on Page 2		

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

\* Skim and 1% milk choices offered daily.  
\* All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.  
\* All Rice/Rice Products listed in the menu are Whole-grain brown rice products.

Tater Tot Hotdish Recipe		
<b>Ingredients:</b>	<b>Serves 4-6</b>	<b>Steps:</b>
<ul style="list-style-type: none"> <li>•1 bag Tater Tots- 32oz</li> <li>•1 pound Lean Ground Beef (or Chicken/Turkey)</li> <li>•1 Onion</li> <li>•2 cups mixed vegetables</li> <li>•10.5 ounces Cream of Mushroom Soup</li> <li>•0.5 cup sour cream</li> <li>•0.5 cup milk</li> <li>•0.5 teaspoon garlic</li> <li>•Salt and Pepper to taste</li> <li>•2.5 cups Cheddar cheese shredded</li> </ul>		<ul style="list-style-type: none"> <li>•Preheat oven to 400 degrees.</li> <li>•Grease your casserole dish.</li> <li>•Brown ground beef, onion over medium heat and drain the fat.</li> <li>•While your beef is cooking, mix together Soup, Sour cream, Milk, Garlic and 0.5 cup of the cheese.</li> <li>•Once your beef is browned, pour into the greased casserole and add the soup mixture on top. Layer the tater tots on top of the beef and soup mix.</li> <li>•Sprinkle the rest of the Cheddar Cheese.</li> <li>•Cook covered for 30 minutes, remove foil and cook an additional 15-20 minutes until bubbly.</li> </ul>

**February 2023 Menu (Subject to Change)**

Week III	Wednesday, February 1, 2023	Thursday, February 2, 2023	Friday, February 3, 2023
Hot Meal	<b>Good Ole Fashioned Hamburger</b> Ketchup Steamed Mixed Veggies Banana Milk	<b>Cheesy Meatballs</b> WG Roll Garden Salad & Dressing Orange Wedges or Mandarin Oranges Milk	<b>Authentic Chicken Stir Fry</b> Seasoned Rice Glazed Carrots Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>Grilled Cheese Sandwich</b>	<b>Pizza Crunchers w/ Italian Dip</b>	<b>Stuffed Breadsticks w/ Sauce</b>
Cold	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>

Week IV	Monday, February 6, 2023	Tuesday, February 7, 2023	Wednesday, February 8, 2023	Thursday, February 9, 2023	Friday, February 10, 2023
Hot Meal	<b>Old Fashioned Sloppy Joe</b> Whole Grain Bun Steamed Mixed Veggies Diced Chilled Pears Milk	<b>Breaded Chicken Patty Sandwich</b> Bakery Bun & Ketchup Steamed Green Beans Chilled Peaches Milk	<b>Italian Dunkers</b> Dippin' Sauce Sliced Cucumbers & Ranch Banana Milk	<b>Brunch Lunch</b> Buttermilk Pancake & Syrup Scrambled Eggs & Cheese Tater Tots & Ketchup Orange Wedges or Mandarin Oranges & Milk	<b>Fresh Hot Pizza</b> Crisp Salad & Dressing Fruited Applesauce/Apple Wedges Milk
Hot Veg	<b>Garden Cheeseburger</b>	<b>Cheese Quesadilla</b>	<b>Italian Dunkers w/Dippin Sauce</b>	<b>French Toast Sticks &amp; Syrup</b>	<b>Fresh Hot Cheese Pizza</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap</b>	<b>Honey Mustard Chicken Bun</b>	<b>Turkey Bun w/Mayo</b>	<b>Chicken Caesar Wrap</b>	<b>Grilled Chicken &amp; Cheese Bun</b>
Cold Veg	<b>Cheese Bun</b>	<b>4.6 oz Wowbutter &amp; Jelly Sandwich</b>	<b>Deli Cheese Wrap</b>	<b>Cheese Sandwich on Wheat Bread</b>	<b>Egg Salad &amp; Dinner Roll</b>

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