

Name : June 2023 Childcare #2 Pizza Every Other Fridays Menu **Options Provided : Hot, Hot Vegetarian, Cold & Cold Vegetarian Meals**
Age Group : Childcare (Ages 3-5) **Meal : Lunch** **Meal Pattern : CACFP**

Week II	Chef Spotlight - Katie Fairbanks - Integrator/ COO		Thursday, June 1, 2023	Friday, June 2, 2023
	Italian Caprese Salad		Brunch Lunch	Fresh Hot Pizza
Hot Meal	<p>Growing up, I was a fan of almost any vegetable/fruit you could think of, except for tomatoes. I didn't seem to mind them when they were cooked, but cold, raw tomatoes were a completely different story. After years of avoiding them, I decided to give them another chance in the form of a caprese salad. Either my tastebuds had changed over the years, or the combination of cheese, basil, garlic, and balsamic masked the tomatoes perfectly. In any case, I was hooked. I make this dish regularly and it has become a family favorite even with my 10 month old daughter!</p> <p style="text-align: center;">-Katie</p>		French Toast Sticks & Syrup	Mixed Greens Salad & Dressing
Hot Veg			Tater Tots & Ketchup	Applesauce Cup
Cold			Fresh Melon Cubes	Milk
Cold Veg	'Caprese Salad' recipe is on Page 2		Milk	
			French Toast Sticks & Syrup	Fresh Hot Cheese Pizza
			Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
			Cheese Sandwich on Wheat Bread	Egg Salad & Dinner Roll

Week III	Monday, June 5, 2023	Tuesday, June 6, 2023	Wednesday, June 7, 2023	Thursday, June 8, 2023	Friday, June 9, 2023
Hot Meal	Premium Chicken Nuggets Ketchup Steamed Green Beans Diced Chilled Pears Milk	Mandarin Orange Chicken Steamed Brown Rice Crisp Broccoli w/ Dip Chilled Peaches Milk	Good Ole Fashioned Hamburger Ketchup Steamed Mixed Veggies Banana Milk	Cheesy Meatballs WG Roll Garden Salad & Dressing Fresh Melon Cubes Milk	Stuffed Breadsticks Warm Red Sauce Glazed Carrots Applesauce Cup Milk
Hot Veg	Cheese Hot Pocket w/ Italian Dip	Cheese Quesadilla	Grilled Cheese Sandwich	Pizza Crunchers w/ Italian Dip	Stuffed Breadsticks w/ Sauce
Cold	Turkey & Cheddar Chz Wrap	Honey Mustard Chicken Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
Cold Veg	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Deli Cheese Wrap	Cheese Sandwich on Wheat Bread	Egg Salad & Dinner Roll

Week IV	Monday, June 12, 2023	Tuesday, June 13, 2023	Wednesday, June 14, 2023	Thursday, June 15, 2023	Friday, June 16, 2023
Hot Meal	Old Fashioned Sloppy Joe Whole Grain Bun Steamed Mixed Veggies Diced Chilled Pears Milk	Breaded Chicken Patty Sandwich Bakery Bun & Ketchup Steamed Green Beans Chilled Peaches Milk	Italian Dunkers Dippin' Sauce Sliced Cucumbers & Ranch Banana Milk	Brunch Lunch Buttermilk Pancake Homemade Berry Burst Syrup Scrambled Eggs & Cheese, Tater Tots & Ketchup Fresh Melon Cubes & Milk	Fresh Hot Pizza Crisp Salad & Dressing Applesauce Cup Milk
Hot Veg	Garden Cheeseburger	Cheese Quesadilla	Italian Dunkers w/Dippin Sauce	French Toast Sticks & Syrup	Fresh Hot Cheese Pizza
Cold	Turkey & Cheddar Chz Wrap	Honey Mustard Chicken Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
Cold Veg	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Deli Cheese Wrap	Cheese Sandwich on Wheat Bread	Egg Salad & Dinner Roll

Week V	Monday, June 19, 2023	Tuesday, June 20, 2023	Wednesday, June 21, 2023	Thursday, June 22, 2023	Friday, June 23, 2023
Hot Meal	Mozzarella Burger Fresh Bakery Bun & Ketchup CKC Baked Beans Diced Chilled Pears Milk	Pomodoro Meatballs WG Dinner Roll Mashed Potatoes Chilled Peaches Milk	Creamy Mac & Cheese Fresh Greens & Dressing Banana Milk	Teriyaki Chicken Steamed Seasoned Rice Steamed Carrots Fresh Melon Cubes Milk	Cheese Quesadilla Fresh Broccoli & Dip Applesauce Cup Milk
Hot Veg	Mozzarella Veggie Burger	Veggie Nuggets w/ Ketchup & Dinner Roll	Cheese Hot Pocket w/ Italian Dip	Grilled Cheese Sandwich	Cheese Quesadilla
Cold	Turkey & Cheddar Chz Wrap	Honey Mustard Chicken Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
Cold Veg	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Deli Cheese Wrap	Cheese Sandwich on Wheat Bread	Egg Salad & Dinner Roll

Week VI	Monday, June 26, 2023	Tuesday, June 27, 2023	Wednesday, June 28, 2023	Thursday, June 29, 2023	Friday, June 30, 2023
Hot Meal	Swedish Meatballs Soft Dinner Roll Steamed Green Beans Diced Chilled Pears Milk	Macaroni & Meatsauce Steamed Sweet Peas Chilled Peaches Milk	Stuffed Cheese Stick Pack w/ Dip Steamed Mixed Veggies Banana Milk	Cheeseburger Whole Grain Bun & Ketchup CKC Baked Beans Fresh Melon Cubes Milk	Fresh Hot Pizza Mixed Greens Salad & Dressing Applesauce Cup Milk
Hot Veg	Pizza Crunchers & Italian Dip	Mozzarella Pinwheel	Cheese Quesadilla	Garden Cheeseburger	Fresh Hot Cheese Pizza
Cold	Turkey & Cheddar Chz Wrap	Honey Mustard Chicken Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
Cold Veg	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Deli Cheese Wrap	Cheese Sandwich on Wheat Bread	Egg Salad & Dinner Roll

*** Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

* Skim and 1% milk choices offered daily.
 * All Bread/Bread Products/Chips/Tortillas listed in the menu are Whole-grain products.
 * All Rice/Rice Products listed in the menu are Whole-grain brown rice products.

CAPRESE SALAD		
Ingredients:	Steps	Serves 4-5
<ul style="list-style-type: none"> •1 ½ cups grape tomatoes, quartered. •¾ cup fresh mozzarella pearls, quartered •2 tablespoons thinly sliced fresh basil. •2 cloves garlic, minced. •2 tablespoons balsamic vinaigrette •Salt 	<ol style="list-style-type: none"> 1. Quarter tomatoes and place into a small mixing bowl (avoid excess moisture by removing the watery center of the tomato). 2. Quarter the mozzarella pearls and add to the tomatoes. 3. Chiffonade basil by stacking the leaves from big to small, roll, and slice thinly. Add the basil to the tomato and mozzarella mixture. 4. Mince garlic and add to the mixing bowl. 5. Drizzle the mixture with balsamic vinaigrette. 6. Gently mix until thoroughly combined. 7. Season with salt to taste. 8. Chill for 1 hour. 9. Stir before serving and enjoy! <p>Serve with toasted bread, crackers, or eat a spoonful!</p>	

July 2023 Menu (Subject to Change)

Week I	Monday, July 3, 2023	Tuesday, July 4, 2023	Wednesday, July 5, 2023	Thursday, July 6, 2023	Friday, July 7, 2023
Hot Meal	Popcorn Chicken Ketchup Whole Grain Dinner Roll Fresh Broccoli & Dip Diced Chilled Pears & Milk	Brunch Lunch Buttermilk Pancake Homemade Berry Burst Syrup Scrambled Eggs & Steamed Carrots Chilled Peaches & Milk	Taco Rice Bowl Brown Rice topped w/Seasoned Beef Served with Shred Chz, Cilantro & Crema Steamed Green Peas Banana & Milk	Creamy Mac & Cheese Mixed Dinner Salad w/Dressing Fresh Melon Cubes Milk	Sweet & Sour Chicken Steamed Seasoned Brown Rice Steamed Broccoli Applesauce Cup Milk
Hot Veg	Grilled Cheese Sandwich	Smothered Garden Patty w/ WG Roll	Cheese Quesadilla	Creamy Mac & Cheese	Stuffed Breadsticks w/ Sauce
Cold	Turkey & Cheddar Chz Wrap	Honey Mustard Chicken Bun	Turkey Bun w/Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
Cold Veg	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Deli Cheese Wrap	Cheese Sandwich on Wheat Bread	Egg Salad & Dinner Roll

Week II	Monday, July 10, 2023	Tuesday, July 11, 2023	Wednesday, July 12, 2023	
Hot Meal	BBQ Beef Sandwich CKC Baked Beans Diced Chilled Pears Milk	Soft Shell Chicken Taco WG Tortilla, Seasoned Chicken & Cheese Steamed Mixed Veggies Chilled Peaches Milk	Meatball Sub w/Mozzarella Sliced Cucumbers & Dip Banana Milk	<p><i>Few Main Dishes to serve with a Caprese Salad</i></p> <ol style="list-style-type: none"> 1. Spaghetti Bolognese 2. Pasta Alla Norma 3. Layered Potato Casserole with Sausage 4. Honey Chicken with Balsamic Sauce 5. Caprese Panini Sandwich
Hot Veg	BBQ Garden Burger	Creamy Mac & Cheese	Mozzarella Pinwheel	
Cold	Turkey & Cheddar Chz Wrap	Honey Mustard Chicken Bun	Turkey Bun w/Mayo	
Cold Veg	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Deli Cheese Wrap	

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