

March 2021 Childcare Pizza Every Other Week Menu (Includes Hot, Cold and Vegetarian Lunch Options)

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch	Golden Chicken Patty Sandwich WG Bakery Bun & Ketchup Steamed Mixed Vegetable Fruit of the Day	Beef Taco Rice Top Rice w/ Homemade Taco Meat Shredded Cheese Cucumber Slices Fruit of the Day	Sweet & Sour Chicken Wheat Dinner Roll Steamed Green Beans Fruit of the Day	Creamy Swedish Meatballs Dinner Roll Mashed Sweet Potatoes Fruit of the Day	Brunch Lunch Pancakes & Syrup Colby Cheese Omelet Tater Tots Fruit of the Day
Cold Lunch	Fruited Yogurt, Cheese Stick & Cream Cheese Stuffed Bagel Steamed Mixed Vegetable Fruit of the Day	Turkey Bun Cucumber Slices Fruit of the Day	Craisin Chicken Wrap Steamed Green Beans Fruit of the Day	Cheese Sandwich on Wheat Bread Mashed Sweet Potatoes Fruit of the Day	Turkey Wrap Tater Tots Fruit of the Day
Week V					
Hot Lunch	Golden Chicken Nuggets Ketchup Dinner Roll Steamed Mixed Veggies Fruit of the Day	Brunch Lunch French Toast Sticks & Syrup 100% 4.23 oz V Juice Fruit of the Day	Mac & Cheese Fresh Bakery Roll Garden Salad & Dressing Fruit of the Day	All Beef Hamburger WG Bun & Ketchup Cucumber Slices & Dip Fruit of the Day	Fresh Hot Pizza Steamed Green Beans Fruit of the Day
Cold Lunch	4.6 oz Wowbutter & Jelly Sandwich Steamed Mixed Veggies Fruit of the Day	Yogurt, Cheese Stick & Stuffed Cream Cheese Bagel 100% 4.23 oz V Juice Fruit of the Day	Cheese Bun Garden Salad & Dressing Fruit of the Day	Turkey Sandwich on Wheat Bread Cucumber Slices & Dip Fruit of the Day	Sesame Chicken Bun Steamed Green Beans Fruit of the Day
Week VI					
Hot Lunch	Premium Chicken Tenders Ketchup CKC Baked Beans Fruit of the Day	Meatball Sub Whole Grain Hot Dog Bun Crisp Dinner Salad & Dressing Fruit of the Day	Pot Pie Chicken & Veggie Topper Serve over Creamy Mashed Potatoes Whole Grain Bakery roll Fruit of the Day	Brunch Lunch Pancake & Syrup Fruited Yogurt Cup & Cheese Stick Fruit of the Day 100% V Juice	Baked Macaroni w/Meatsauce Shredded Mozzarella Cheese Steamed Green Beans Fruit of the Day
Cold Lunch	Cheese Bun Baked Beans Fruit of the Day	Turkey Sandwich Crisp Dinner Salad & Dressing Fruit of the Day	Craisin Chicken Wrap Mashed Potatoes Fruit of the Day	Fruited Yogurt, Cheese Stick & 3 Ct Grahams 100% 4.23 oz V Juice Fruit of the Day	Teriyaki Chicken Bun Steamed Green Beans Fruit of the Day
Week I					
Hot Lunch	BBQ Meatballs Corn Muffin CKC Baked Beans Fruit of the Day	Cheesy Pull Apart Bread Italian Dippin Sauce Cucumber Slices & Dip Fruit of the Day	Beef Penne Stroganoff Grated Parmesan Chz w/Parsley Steamed Mixed Vegetable Fruit of the Day	Tater Tot Casserole Tater Tots served over hot dish WG Roll Fruit of the Day	Fresh Hot Pizza Garden Salad & Dressing Fruit of the Day
Cold Lunch	Cheese Sandwich on Wheat Bread Baked Beans Fruit of the Day	4.6 oz Wowbutter & Jelly Sandwich Cucumber Slices Fruit of the Day	Fruited Yogurt, Cheese Cube Pack & Soft Wheat Roll Steamed Mixed Vegetable Fruit of the Day	Sesame Chicken Bun Tater Tots Fruit of the Day	Turkey Bun Garden Salad & Dressing Fruit of the Day
Week II					
Hot Lunch	Meatball Mac & Cheese Steamed Peas Fruit of the Day	Hamburger w/ Ketchup Beef Patty, WG Bun & Ketchup Crisp Salad & Dressing Fruit of the Day	Orange Chicken Steamed Rice Steamed Green Beans Fruit of the Day	<p>Food that grows above ground Fruits and Vegetables that grow above the ground are generally low in calories. They are mostly colorful. Leafy vegetables, cruciferous vegetables fall under this category. Cucumbers, Lettuce, Peppers, Tomatoes, Kale, Cabbage etc.</p> <p>Food that grows under ground Fruits and vegetables that grow under the ground absorb nutrients directly from soil and are rich in Carbs. They have a distinctive earthy flavor. Beets, Carrots, Potatoes, Turnips, Yams, Jicama etc.</p>	
Cold Lunch	Cheese Bun Steamed Peas Fruit of the Day	Teriyaki Chicken Bun Crisp Salad & Dressing Fruit of the Day	Yogurt Cup, Cheesestick & Cinnamon Goldfish Steamed Green Beans Fruit of the Day		
Week III					

Weeks I,III,V	Vegetarian Lunch Options are Offered Daily (Served with Veggie & Fruit of the Day)*				
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Garden Burger	Cheese Calzone	Pizza Crunchers w/Italian Dip	Mac & Cheese	Wild Mikes Cheese Bites & Italian Dip
Cold Veg	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	Wow Butter Cup, Cheese Stick & Bagel	Cheese Sandwich on Wheat Bread	Yogurt Cup, Cheese Stick & Cinnamon Goldfish
II,IV,VI	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Cheese Quesadilla & Cholula	Cheese Lasagna	Cheesy Pull Apart Bread	Bean & Cheese Burrito	Grilled Cheese Sandwich
Cold Veg	Yogurt, Cheese Cubes & Stuffed Cream Cheese Bagel	Cheese Cup, String Cheese & Tortilla	Cheese Bun	4,6 oz Wowbutter & Jelly Sandwich	Egg Salad & Dinner Roll

*Hot vegetarian lunches come with the veggie & fruit of hot lunches - Cold Vegetarian lunches come with the veggie & fruit of Cold Lunches

*Skim and 1% milk choices offered daily.

*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

Instructions for packing the bundled Meals

****Please Pack Red Print Items for BREAKFAST / LUNCH / SNACK / DINNER in one bag for Refrigeration. Attach Refrigeration Label to Bag.

****Please Pack All Black Ink Items in one bag (These are all Shelf Stable)

April 2021 Menu (Subject to Change)

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch				Mongolian Meatballs WG Roll Steamed Carrots Fruit of the Day	Chicken Tenders & Ketchup Cucumbers & Dip Fruit of the Day
Cold Lunch				Turkey Wrap Steamed Carrots Fruit of the Day	Chicken Salad & Dinner Roll Cucumbers & Dip Fruit of the Day
Week III					
Hot Lunch	Old Fashioned Sloppy Joe Whole Grain Bun Steamed Mixed Veggies Fruit of the Day	Chicken Taco WG Tortilla, Chicken & Cheese Cheesy Refried Beans Fruit of the Day	Swiss Salisbury Steak Mashed Sweet Potatoes Whole Grain Bakery Roll Fruit of the Day	Rosy Chicken Penne Pasta Steamed Green Beans Fruit of the Day	Fresh Hot Pizza Fruit of the Day 100% 4.23 oz V Juice
Cold Lunch	Cheese Wrap Steamed Mixed Veggies Fruit of the Day	Honey Mustard Chicken Bun Cheesy Refried Beans Fruit of the Day	Turkey Sandwich Mashed Sweet Potatoes Fruit of the Day	Chicken Salad Wrap Steamed Green Beans Fruit of the Day	4.6 oz Wowbutter & Jelly Sandwich 100% 4.23 oz V Juice Fruit of the Day
Week IV					

*Skim and 1% milk choices offered daily.

*All Bread/Chips/Tortillas listed in the menu are whole-grain products.