



*Menu items are subject to change

Bag lunches & substitutions are available upon request

October 2016 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 rd	4 th	5 th	6 th	7 th
* Cheese pizza Carrots Tropical fruit	* Smothered chicken Green Beans Diced Pears Biscuit	* Cheese burger Veggie baked beans Hamburger Bun Apples	* Cheesy Chicken & Broccoli Black beans Mandarin oranges Dinner roll	* Beef taco Black beans Banana Soft shell tortilla Salsa, Lettuce, Cheese
10 th	11 th	12 th	13 th	14 th
* Salisbury steak Scalloped potatoes Pineapples Dinner roll	* Tater tot casserole Steamed Carrots Tropical fruit French bread	* Chicken & spinach Alfredo Mixed Veggies Mandarin Oranges	* Dirty Rice French green beans Peaches	* Mac & Cheese Chopped salad Fruit cocktail French bread
17 th	18 th	19 th	20 th	21 st
* Orange Chicken Oriental Veggies Asian seasoned rice Diced Pears	* Shepherd's pie Green beans Oranges Sliced bread	** Cheese tortellini w/basil marinara Chopped Spinach Fruit cocktail Italian bread	* California chicken sandwich Cucumbers & Cherry tomatoes Diced Peaches Hamburger bun	* Meatballs & gravy Black Eye Peas Mandarin oranges Dinner roll
24 th	25 th	26 th	27 th	28 th
* Sloppy Joes Corn Mixed fruit Hamburger bun	* Grilled chicken strips Cheesy Broccoli & Cauliflower Pineapples Dinner roll	* Pepered Ground beef Green Beans Mandarin Oranges Combread	* BBQ Meatballs Peas & carrots Fruit cocktail Combread	* Savory chicken pot pie Apricots Biscuit
31 st	-Fruit -Grain -Veggie -Meat/meat alternate -Contains multiple components bread/grain-meat/meat alternate M/ma=meat /meat alternate *CN Label *HM Milk is served with every meal			