

Menu Name : September 2023 ChildCare #2 Pizza Every Other Friday Menu

Options Provided : Hot, Hot Vegetarian, Cold and Cold Vegetarian

Grade Level / Age Group : Childcare (Ages 3-5)

Meal Pattern : CACFP

Meal: Lunch

		Chef Spotlight		Friday, September 1, 2023	
Hot Meal	<i>JOSEPH SWINNEY - SUMMER CAMP OPERATIONS MANAGER</i>		Garlic Dusted French Bread Pizza		
	Chicken Salad Sandwich		Italian Dip		
	<i>One of my Family favorites for springtime would be my Chicken Salad recipe and its perfect for BBQ's and picnics. I have even brought some on the boat when fishing and recently I was able to make it into a vegetarian recipe by substituting lightly smashed Chickpea instead of the Chicken chunks. - Joseph</i>		Crisp Broccoli & Dip		
			Crisp Varietal Apple		
			Choice Milk		
Hot Veg			Cheesy Pull Aparts		
Cold			Grilled Chicken & Cheese Bun		
Cold Veg			Egg Salad & Dinner Roll		

		Monday, September 4, 2023	Tuesday, September 5, 2023	Wednesday, September 6, 2023	Thursday, September 7, 2023	Friday, September 8, 2023
Hot Meal	Hot Meal	Popcorn Chicken & Ketchup Steamed Carrots & Green Beans Cinnamon Apple Slices Choice Milk	Meatballs & Ketchup WG Dinner Roll Steamed Mixed Veggies Chilled Pears Choice Milk	"New" CKC Gyzo Bowl Mashed Potatoes, Grilled Chicken Top w/Greek Sauce WG Dinner Roll Banana & Choice Milk	Golden Chicken Patty Sandwich Bakery Bun & Ketchup Sliced Cucumbers & Dip Orange Wedges Choice Milk	Fresh Hot Pizza Tater Tots & Ketchup Crisp Varietal Apple Choice Milk
	Hot Veg	Buttermilk Pancake w/ Syrup & Colbv Cheese Omelet	Egg Fried Rice	Stuffed Breadsticks w/ Dip	Veggie Garden Burger & Mayo	Fresh Hot Cheese Pizza
	Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
	Cold Veg	Cheese Bun	Yogurt Cup, Chz Stick & Grahams	Deli Cheese Wrap	Wowbutter & Jelly sandwich	Egg Salad & Dinner Roll

		Monday, September 11, 2023	Tuesday, September 12, 2023	Wednesday, September 13, 2023	Thursday, September 14, 2023	Friday, September 15, 2023
Hot Meal	Hot Meal	Crunchy Tender Fritters Chix Tenders & Ketchup Steamed Green Beans Cinnamon Apples Choice Milk	Sweet & Sour Chicken Steamed Seasoned Rice Chilled Sweet Pea Salad Chilled Pears Choice Milk	Taco Rice Bowl Taco Beef & Shred Chz Served with Mild Seasoned Rice Cheesy Refried Beans Banana & Choice Milk	"New" Chicken Tikka WG Bakery Roll Mashed Potatoes Orange Wedges Choice Milk	SouthWest Chx Empanada Hot Pocket Garden Greens Salad & Homemade Dressing Crisp Apple Slices Choice Milk
	Hot Veg	Cheesy Pull Aparts	Veggie Hot Pocket & Dip	Bean Nachos	Egg Fried Rice	Buttermilk Pancake w/ Syrup & Colbv Cheese Omelet
	Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
	Cold Veg	Cheese Bun	Yogurt Cup, Chz Stick & Grahams	Deli Cheese Wrap	Wowbutter & Jelly sandwich	Egg Salad & Dinner Roll

		Monday, September 18, 2023	Tuesday, September 19, 2023	Wednesday, September 20, 2023	Thursday, September 21, 2023	Friday, September 22, 2023
Hot Meal	Hot Meal	Premium Chicken Nuggets Ketchup Steamed Green Beans Cinnamon Apples Choice Milk	Swedish Meatballs (Homemade Gravy) Wg Dinner Roll Mashed Potatoes Chilled Pears Choice Milk	"New" Butter Chicken Steamed Seasoned Rice Sliced Cucumbers & Dip Banana Choice Milk	Enchilada Rice Bowl Top your Steamed Rice w/ delicious Enchilada Chicken & Shred Cheese Mixed Greens Salad Orange Wedges Choice Milk	Fresh Hot Pizza Tater Tots & Ketchup Crisp Varietal Apple Choice Milk
	Hot Veg	Grilled Cheese Sandwich	Veggie Quesadilla	Veggie Garden Burger & Mayo	Bean & Cheese Burrito	Fresh Hot Cheese Pizza
	Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
	Cold Veg	Cheese Bun	Yogurt Cup, Chz Stick & Grahams	Deli Cheese Wrap	Wowbutter & Jelly sandwich	Egg Salad & Dinner Roll

		Monday, September 25, 2023	Tuesday, September 26, 2023	Wednesday, September 27, 2023	Thursday, September 28, 2023	Friday, September 29, 2023
Hot Meal	Hot Meal	Creamy Mac & Cheese Steamed Peas & Carrots Cinnamon Apples Choice Milk	"New" Chicken & Potato Bowl Chix & Potato w/Bengali Sauce Soft Bakery Roll Steamed Broccoli Normandy Chilled Pears & Choice Milk	Chicken Tenders w/Ketchup Mashed Sweet Potatoes Banana Choice Milk	Sesame Chicken Steamed Seasoned Brown Rice Chilled Sweet Pea Salad Orange Wedges Choice Milk	Twisted Cheesy Breadsticks Cold Italian Dip Mixed Greens Salad & Dressing Crisp Apple Slices Choice Milk
	Hot Veg	Cheese Calzone	Stuffed Dipping Bites w/ Sauce	Veggie Burrito	Grilled Cheese Sandwich	Buttermilk Pancake w/ Syrup & Colbv Cheese Omelet
	Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
	Cold Veg	Cheese Bun	Yogurt Cup, Chz Stick & Grahams	Deli Cheese Wrap	Wowbutter & Jelly sandwich	Egg Salad & Dinner Roll

*** Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

CHICKEN SALAD SANDWICH

Ingredients	Steps	Serves 2-3
<ul style="list-style-type: none"> • ¼ cup Mayonnaise • 1/2lbs Chicken (chunked) • 1 cup Grapes (halved) • 1 Gala Apple (diced) • ½ cup Red Onion (finely diced) • 1/3 cup Celery (finely diced) • 2 tablespoon Honey Mustard • ¼ teaspoon Garlic Powder • 1/4 teaspoon Black Pepper • ½ teaspoon salt • ¼ teaspoon smoked paprika 	<ol style="list-style-type: none"> 1. Break down cooked chicken into chunks. 2. Dice apple, onion, celery, slice grapes in half. 3. Combine everything, mix till well incorporated. 4. Serve on croissant with lettuce. 	

October 2023 Menu (Subject to Change)

	Monday, October 2, 2023	Tuesday, October 3, 2023	Wednesday, October 4, 2023	Thursday, October 5, 2023	Friday, October 6, 2023
Hot Meal	Classic Cheeseburger	Chicken & Egg Fried Rice	Soft Tortilla Taco	Mandarin Orange Chicken	Fresh Hot Pizza
	WG Bun & Ketchup	Crisp Broccoli & Dip	Seasoned Beef & Shredded Cheese	Mild Seasoned Brown Rice	Sliced Cucumbers & Dip
	CKC Baked Beans	Chilled Pears	Steamed Mixed Veggies	Steamed Green Beans	Crisp Varietal Apple
	Cinnamon Apple Slices	Choice Milk	Banana	Orange Wedges	Choice Milk
Choice Milk		Choice Milk	Choice Milk		
Hot Veg	Bean & Cheese Burrito	Pizza Crunchers	Cheesy Pull Aparts	French Pizza Bread	Fresh Hot Cheese Pizza
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun
Cold Veg	Cheese Bun	Yogurt Cup, Chz Stick & Grahams	Deli Cheese Wrap	Wowbutter & Jelly sandwich	Egg Salad & Dinner Roll

	Monday, October 9, 2023	Tuesday, October 10, 2023	Wednesday, October 11, 2023	Thursday, October 12, 2023
Hot Meal	Brunch Lunch	"New" CKC Sweet & Sour Meatballs	Cheese Hot Pocket	Greek Rice Bowl
	Buttermilk Pancake & Berry Burst Syrup	Seasoned Rice	Garden Greens Salad & Dressing	Steamed Rice & Seasoned Meat
	Fruited Yogurt Cup & String Cheese	Chilled Sweet Pea Salad	Banana	Tatziki Sauce
	Tater Tots & Ketchup	Chilled Pears	Choice Milk	Steamed Mixed Veggies
Cinnamon Apple Slices & Choice Milk	Choice Milk		Orange Wedges & Choice Milk	
Hot Veg	Veggie Hot Pocket & Sauce	Cheesy Bites w/Italian Dip	Veggie Quesadilla	Cheese Nachos
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap
Cold Veg	Cheese Bun	Yogurt Cup, Chz Stick & Grahams	Deli Cheese Wrap	Wowbutter & Jelly sandwich